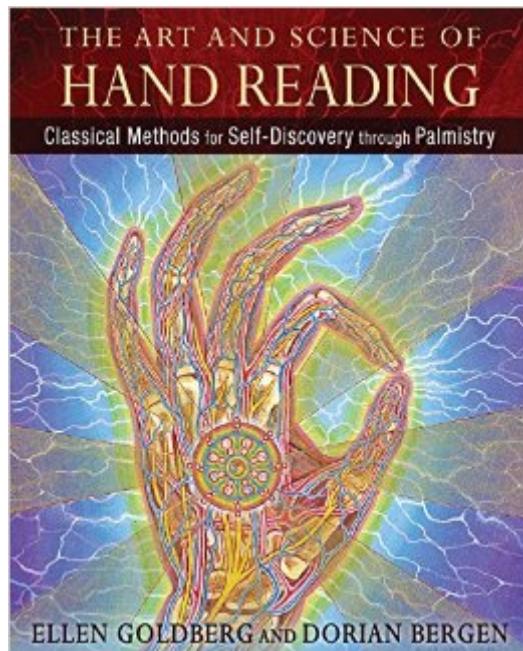


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# The Art And Science Of Hand Reading: Classical Methods For Self-Discovery Through Palmistry



## Synopsis

A comprehensive guide to the inner psychology revealed by the hand. Details how to interpret the entire hand--the shape of the palm and fingers, mounts, lines, fingerprints, flexibility, nails, and skin texture. Reveals the personality archetypes, strengths, and weaknesses connected with each of the seven mounts and how the rest of the hand modifies these traits. Explains how lines change and the decisive influence of the person's own mind in healing defects found on the lines. Palmistry is a science and a universal language. The hand tells a story about your talents, relationships, health, and how you feel about yourself. It reveals periods of ease or challenge in your life, and it speaks about your weaknesses and the traits you need to develop. As you change, so do your hands, reflecting the progress you have made. In this comprehensive guide to hand reading, based on Ellen Goldberg's 40 years of teaching palmistry and the Western Mystery tradition, the authors make the powerful insights of the hand accessible in an inviting and user-friendly manner. The book presents the character traits and personality archetypes associated with each of the seven mounts of the palm and shows how to determine which are most influential in the nature of the individual. The mount archetypes reveal the lifestyle, love, sex, and marriage preferences; the best career choices; and the unique strengths and weaknesses for each person. The book also examines other factors that enhance the qualities revealed by the mount types, including the flexibility of the hand, texture of the skin, and the shapes of the fingers, fingertips, and nails. The meaning of each major and minor line is described in detail as well as the influence the person's own mind has in healing defects and obstacles found on their lines. The authors also provide accurate timing guides for each line, making it possible to locate specific events and to see how your lines change over time. Presenting the hand as a guide to self-fulfillment, The Art and Science of Hand Reading incorporates correspondences to other mystical sciences such as astrology, Kabbalah, the Hermetic teachings, and archetypal psychology. It also includes practical examples and more than 600 illustrations to show how to integrate the meanings of each part of the hand to form a complete picture of your inner psychology and your ever-changing destiny.

## Book Information

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## **Customer Reviews**

When you are studying something as visual as palm reading, it always baffled me how most of the books either have very few pictures or line drawings of a palm. How could anyone ever understand the subtleties of the hand when you have no examples to look at? Well, *The Art and Science of Hand Reading* changes all that. Every single example has an associated photograph or drawing where appropriate. In addition to the clear photos, sensible explanations are provided for each and every characteristic described. The subject matter is covered thoroughly as well. After purchasing over a dozen manuscripts and books on palm reading I have to say if you had buy just one book on palm reading, this should be the book.

This book is so brilliant in explaining palmistry to all levels of readers. To me, a neophyte, it simplifies and demystifies the reading of palms and has helped me more than any book in this category. Beautifully illustrated and prose that jumps off the page into your heart and brain, I'm just excited to learn more. Bravo to the writer and artist Ellen Goldberg. Well done!

"*The Art and Science of Hand Reading*" (co-authored by Dorian Bergen) is the go-to for anyone interested in learning more about palmistry. Ellen is a wise and wonderful teacher, who has the ability to make even the most complicated aspects of palm reading interesting and easy to understand. At the same time, she makes important connections between palmistry, astrology, mythology and even the major archetypes of tarot. "*The Art and Science of Hand Reading*" is an essential guide for anyone who wants to gain invaluable insights into how our hands provide a clear and undeniable roadmap to our personalities, life choices as well as our physical and emotional strengths and weaknesses. With the gift of this knowledge, we can learn how to help ourselves and others take more control over of our lives and our destinies.

This is the most comprehensive palmistry guide you can get your hands on! Honored to have been a student of Ellen Goldberg, I can confidently say that this has the potential to be a life changing book for anyone who is open to its study. Be a diligent student and you can change the world around you one palm at a time.

This is a beautifully crafted and illustrated book filled with insights and all sorts of things that are new to me. I was utterly fascinated and impressed by the knowledge here. It isn't the sort of book you breeze through, but more of a course in the art and science of palmistry. Most highly recommended.

I too know Ellen and am thrilled to see this beautiful book finally be brought to fruition. I have had therapy with Ellen, in addition to many readings in Palmistry, Tarot and Astrology, all of which shed light on me and my life. While I haven't read the whole book, I can see that it's a clearly written, and lovingly illustrated consolidation of her wisdom, knowledge and keen insights into those mystic sciences as well as people and what makes us tick. I'm certain that this will be the go-to book on Palmistry for decades to come.

If you are a novice exploring your own hand or an experienced Palm reader - this book will enhance and enrich your experience of Palmistry. In this beautiful book, Ellen Goldberg has shared the fruit of a lifetime of investigation into the mystical arts along with her incredible history of practical applied experience as a reader. It is easy to use as a quick reference into any aspect of palmistry, but priceless as a source of deep study when the reader is ready. Ellen is also a talented visual artist and she has brought her skills to bear on the visuals in the book - it is worth buying just to spend time looking at the photographs and illustrations. You are in for a treat!

A wonderfully thorough informational guide to the ancient study of hand reading. I am impressed with the accuracy of the techniques described and feel privileged to be reading this book. I plan to read this book cover to cover more than one time.

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